

30 Days 30 Ways

Family Emergency Preparedness

Bug Out Bag

Your 72 hour kit should contain the bear essentials for bridging the gap between a disaster and the arrival of First Responders. But what if you have to evacuate your home? Families should keep a **Bug Out Bag** packed and readily available at all times. Your Bug Out Bag along with your 72 hour kit should provide you with the items you will need to keep your family safe and comfortable should evacuation become necessary.

Bug Out Bag checklist

- Personal hygiene items
- Shoes
- Change of clothes
- Cold weather/wet weather gear
- Sleeping bag
- Prescription medications
- Extra prescription glasses
- Baby needs
- Pet needs

